

**COMPLIANCE TRAINING**  
HEALTH AND SAFETY IN FOSTERING HOUSEHOLDS

# WORKBOOK

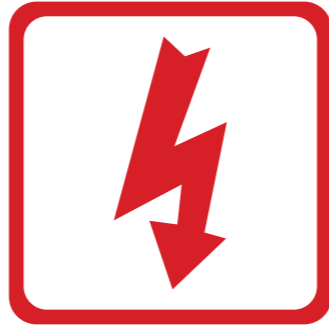


Name of assessor:

Name of participant or candidate:

## For this unit you will need to complete the following actions:

1. Your supervising worker will need to observe you in practice.
2. Your supervising worker or assessor may arrange a professional discussion around aspects of this Health and safety unit.
3. You should attempt to answer all the questions raised in the workbook.
4. Your assessor/supervising worker may ask you to provide different types of work product evidence to cover any outstanding performance criteria or knowledge evidence, such as: health and safety check (sometimes homes conditions check) reports or your written records.
5. This workbook can be used to reference evidence related to TSD standards (3.1 – 3.5) and Fostering National Minimum Standards (2011) 10.1, 10.2, 10.3 and 10.4.



c) What makes you a good health and safety role model within your fostering service?  
Please give at least three examples:

1

2

3

4

## What do you know about the following legislation? Answer the following questions:

### HEALTH & SAFETY AT WORK ACT 1974

a) Give a brief explanation of what this legislation is about:

b) What do you think are your responsibilities under the Health & Safety At work Act?

d) Explain how you apply the fostering agency policies and procedures in relation to health and safety?

e) Please enter the name of the person who is the agency health and safety officer:

## CONTROL OF SUBSTANCES HAZARDOUS TO HEALTH (COSHH) 2002

a) Give a brief explanation of what this legislation is about:

b) What are your responsibilities under this legislation?  
Give two examples of how you put this into practice.

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## REPORTING OF INJURIES, DISEASES AND DANGEROUS OCCURRENCES REGULATIONS (RIDDOR) 1995

a) Give a brief explanation of what this legislation is about:

b) A fostered young person had a fall whilst walking to the bathroom; you witnessed the fall and called for assistance to deal with the emergency. What records should be completed and what part do you take in completing them?

Where are the agency policies and procedures for Health and Safety stored and how do you access them?

What is your understanding around your fostering service's medication and healthcare procedures including what consent is required (Also comment on your understanding about first aid practice and what to do to access emergency medical treatment, if required) (TSDS: 3.3 d & e)?

What types of hazardous materials do you handle at work (give at least 4 examples)?  
Choose two of these and complete the following table:

Hazardous substance	How this should be handled safely, including precautions you should take?	How this hazardous substance is stored safely?

What is infection control?	Why is it important in relation to care work?

Give 4 examples of what you can do to practice infection control effectively.

- 1
- 2
- 3
- 4

An outbreak at the home of a foster carer of any infectious disease which in the opinion of the general practitioner attending the home is sufficiently serious to be so notified – is a Schedule 7 Notification, under the Fostering Regulations (2011)

Explain in detail how you would deal with the following: include your responsibilities, the responsibilities of others, when and how you would call for help and why?

a) A fire in the kitchen?

b) A stranger who wishes to gain access to the fostering household, in an emergency or non-emergency?

c) A child/young person who you observe to have a severe cut to their leg?

d) A child/young person who has suddenly fallen to the floor and appears hurt?

What records should be completed for the above and what is your role in completing them?

Why is it important to maintain a good standard of hygiene and cleanliness as well as showing that those living in your household know what to do in a case of a fire (TSDS; 2 b & c)?

What do you do to ensure all the agency accommodations (including your own) gas installations and appliances are operated and maintained in a safe and useable condition?

List two actions you take to promote Electrical Safety?

List two actions you have taken to promote asbestos safety

Why is water safety within households important?

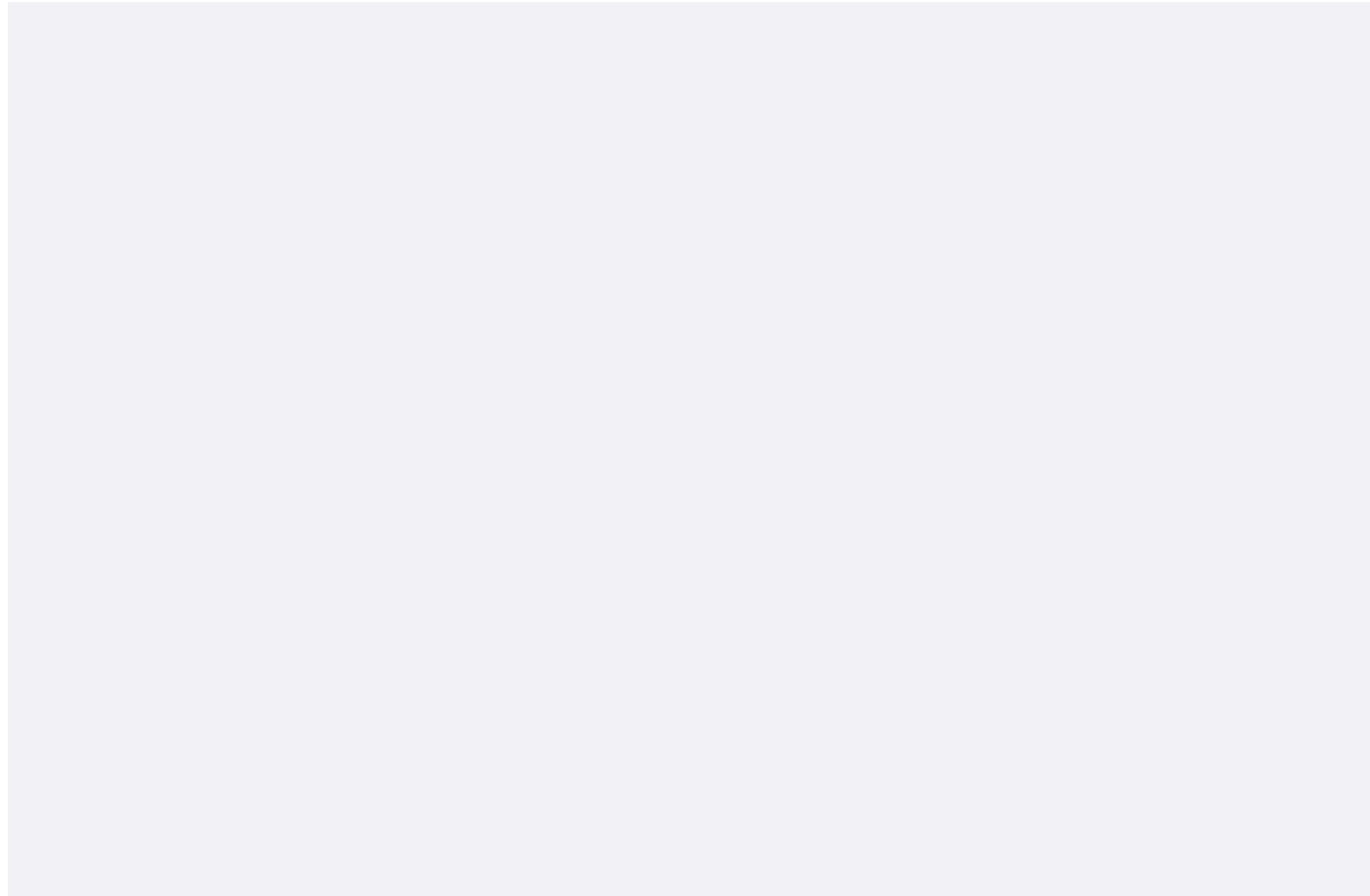
## Promoting Healthy Care

1. What is your understanding about the role foster carers take in promoting good health for fostered children and young people (TSDS: 2.1 b)?

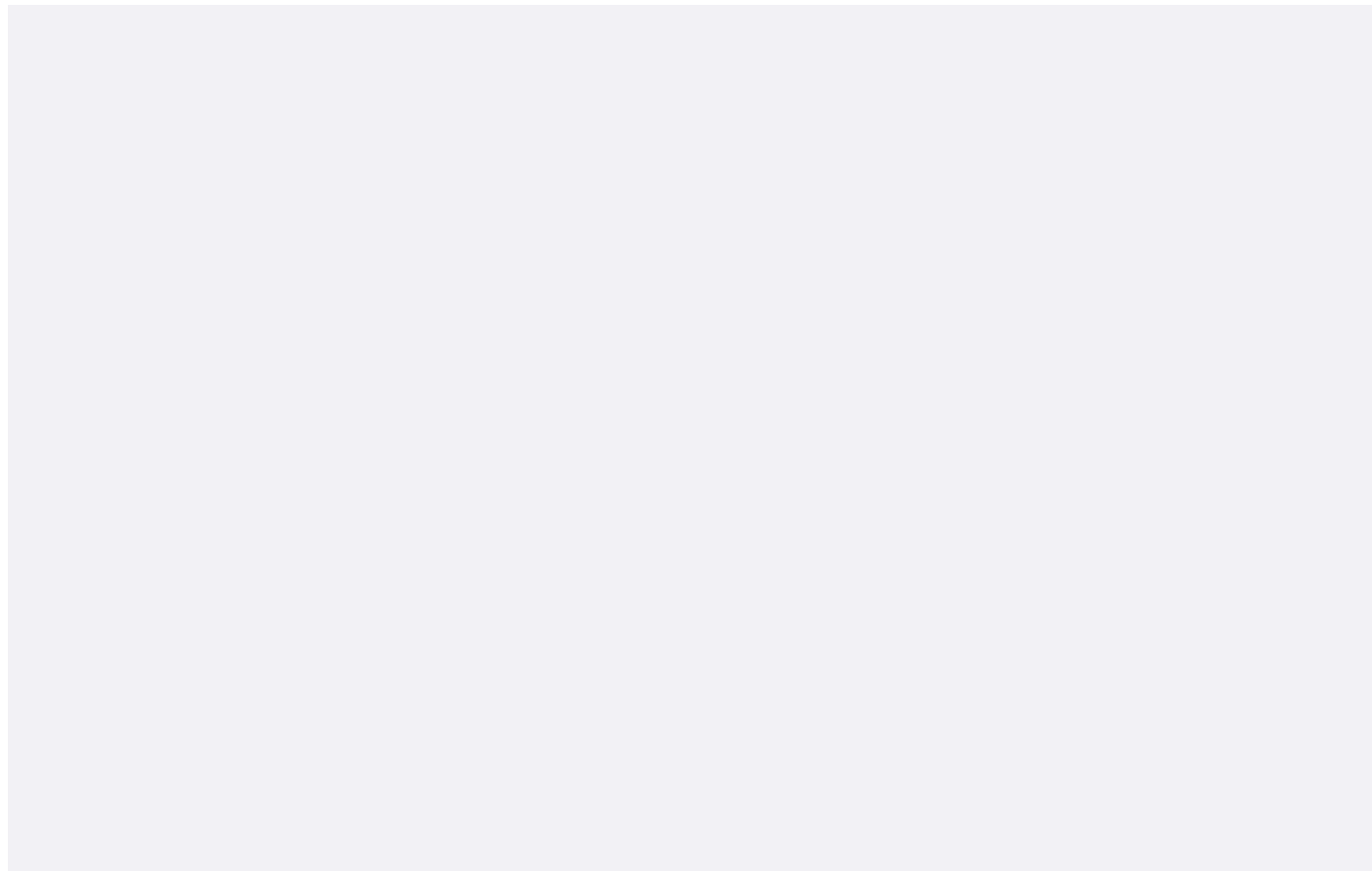
2. How could you help support the physical health needs of a child or young person in care (TSDS: 3.3a & 3.3b)?

3. What actions could you take to support the sexual health needs of a child or young person in care (TSDS: 3.3a, 3.3c, 5.7a and 5.7b)?

4. How could you or how do you, support foster carers to work to minimise substance misuse in young people you are fostering (TSDS: 3.3c)?



5. What specific issues might you need to think about if you were supporting a child or young person with disabilities whilst promoting health and safety and healthy care (TSD 5.8b)?



## Safeguarding –Health & Safety Case Study

Valda a supervising social worker has recently been allocated Patsy. The records show that Patsy is a single foster carer who is looking after a child, who is 11 years of age. The child has moderate learning difficulties and has a disability that sometimes requires moving and handling support. The most recent health and safety report for the fostering household took place some ten months ago and the previous SSW moved on some three months ago.

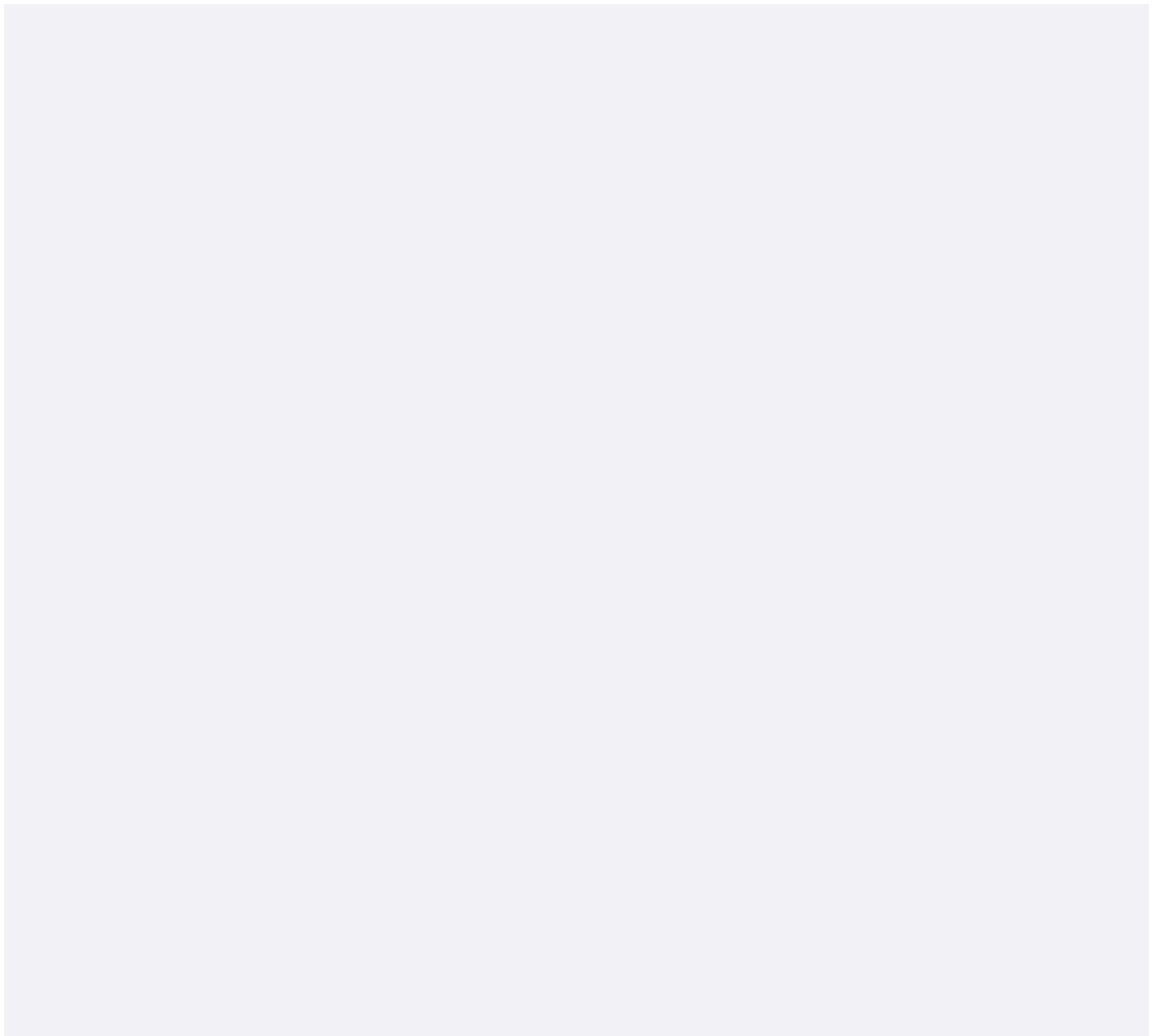
On the supervising social worker's routine visit, the Looked After Child is at school. The worker notes that Patsy may not have eaten recently (she appears to have lost weight); her body odour indicates that she has not bathed or taken a shower and Patsy's mood appears to be quite low. You look in the fridge, when the carer asks you to get the milk to help her make some coffee, and there is an assortment of cold meat and tins of soup left open. The carer enters the bathroom and there is liquid spilt on the floor. There are also several cables trailing along the lounge floor, for various electrical appliances.

Whilst in the kitchen the supervising social worker observes signs where a small fire has been put out using a newspaper, tape seals one of the two ovens as one of the ovens does not work. You also observe that areas of the kitchen worktops are worn down and reveals areas of chipboard.

**From the above scenario –**

**Please record your answers (15 minutes) and then discuss in your groups (for an additional 15 minutes)**

1. List the various health and safety concerns?
2. How may the fostering service policy and procedures guide you around what actions should be taken
3. List some legislation and standards that you will need to be working in line with?
4. Sum up what safeguarding actions may have to be taken?



Assessor/Supervising feedback:

